## TB Research Challenge in Indonesia

Erlina Burhan

Department of Pulmonology and Respiratory Medicine, Faculty of Medicine University of Indonesia/ Persahabatan Hospital

### Thanks to two innovators:

### but the world has changed.

"....for the control of the disease, the sources from which the infectious material flows must be closed as far as is humanly possible.....

Robert Koch

the most essential one, is the sputum of consumptives." Karel Styblo

70% case detection

85% treatment success

Courtesy of D. Manissero

### WHO End TB Strategy

#### **VISION:**

A WORLD FREE OF TB

Zero deaths, disease and suffering due to TB

#### **GOAL:**

End the Global TB Epidemic

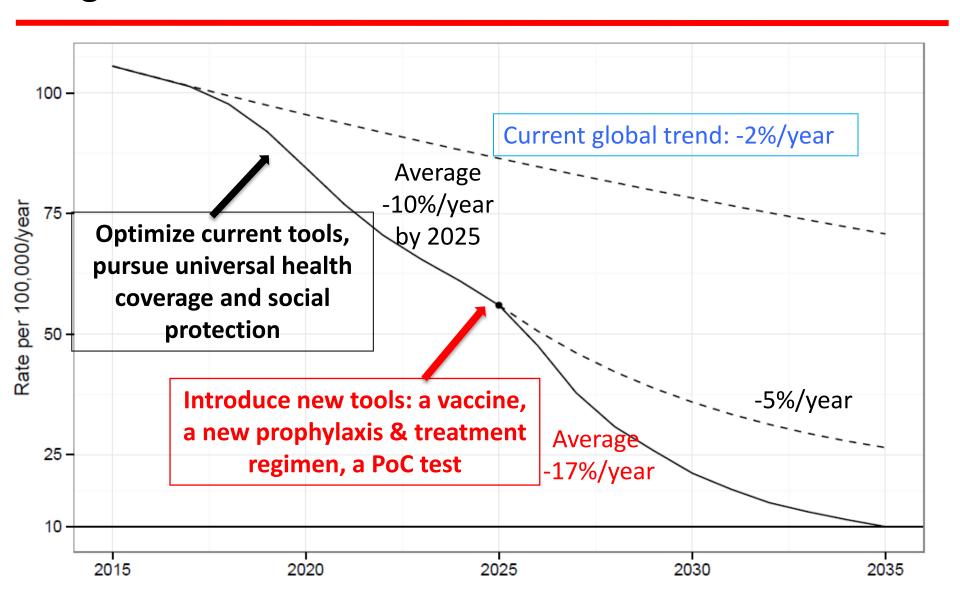
#### **TARGETS FOR 2035:**

- 95% reduction in TB deaths (compared with 2015)
- 90% reduction in TB incidence rate (<10/100,000)</p>
- No affected families face catastrophic costs due to TB

#### **MILESTONES FOR 2025:**

- 75% reduction in TB deaths (compared with 2015)
- 50% reduction in TB incidence rate (<55/100,000 (compared with 2015)
- No affected families face catastrophic costs due to TB

## Projected acceleration of TB incidence decline to target levels





### **The End TB Strategy - Components**

#### 1. INTEGRATED, PATIENT-CENTRED CARE AND PREVENTION

A.Early diagnosis of tuberculosis including universal drug-susceptibility testing, and systematic screening of contacts and high-risk groups

B.Treatment of all people with tuberculosis including drug-resistant tuberculosis, and patient support

C.Collaborative tuberculosis/HIV activities, and management of co-morbidities

D.Preventive treatment of persons at high risk, and vaccination against tuberculosis

#### 2. BOLD POLICIES AND SUPPORTIVE SYSTEMS

A.Political commitment with adequate resources for tuberculosis care and prevention

B.Engagement of communities, civil society organizations, and public and private care providers

C.Universal health coverage policy, and regulatory frameworks for case notification, vital registration, quality and rational use of medicines, and infection control

D.Social protection, poverty alleviation and actions on other determinants of tuberculosis

#### 3. INTENSIFIED RESEARCH AND INNOVATION

A.Discovery, development and rapid uptake of new tools, interventions and strategies

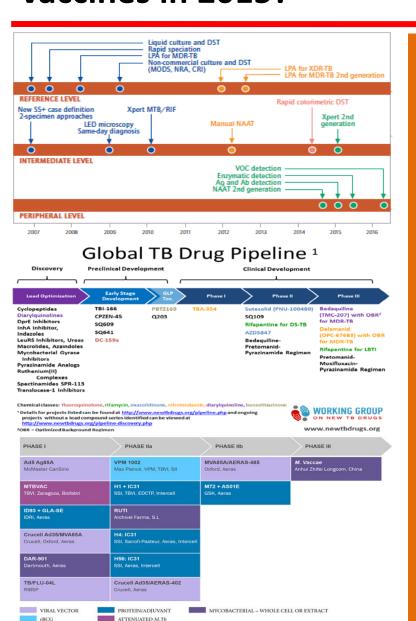
Research to optimize implementation and impact, and promote innovations





## What is in the pipelines for new diagnostics, drugs and vaccines in 2015?





### **Diagnostics**:

- 7 new diagnostics or diagnostic methods endorsed by WHO since 2007;
- Several in development;
- By 2020: rapid & sensitive PoC test, triage test, predictive LTBI test, rapid DST

### **Drugs and regimens:**

- 2 new drugs for MDR-TB approved in 2012-2013
- A short 3-m regimen for LTBI;
- By 2020: 4-m regimens for DS-TB, 6/9-m regimens for MDR-TB, and other 2-3 drugs

#### Vaccines:

- 1 vaccine with no detectable efficacy in 2013
- 15 vaccines in various phases of clinical trials

## Indonesia Situation (WHO GLOBAL REPORT 2014)

#### Estimates of TB burdena 2013

	NUMBER (thousands)	RATE (per 100 000 populatioN)
Mortality (excludes HIV+TB)	64 (36-93)	25 (14-37)
Mortality (HIV+TB only)	3.9 (2.2-6.2)	1.6 (0.87-2.5)
Prevalence (includes HIV+TB)	680 (340-1 100)	272 (138-450)
Incidence (includes HIV+TB)	460 (410-520)	183 (164-207)
Incidence (HIV+TB only)	15 (8.7–20)	5.8 (3.5-7.8)
Case detection, all forms (%)	71 (63–80)	

### Estimates of MDR-TB burdena 2013

	NEW	RETREATMENT
% of TB cases with MDR-TB	1.9 (1.4-2.5)	12 (8.1–17)
MDR-TB cases among notified		
pulmonary TB cases	5 700 (4 200-7 500)	1 100 (770-1 600)

## National TB Prevalence Survey 2014

Prevalence of bacteriologically confirmed TB per 100,000 pop. 15+, by region and urban/rural

Domain	Estimate	95% CI	RSE (%)
National	759	590 - 961	12.5
Region			
Sumatera	913	697 - 1,177	13.4
Jawa-Bali	593	447 - 771	14.0
Others	842	635 - 1,092	13.8
Urban/rural			
Urban	846	678 - 1,048	11.2
Rural	674	512 - 874	13.7

# National TB Prevalence Survey 2014 Prevalence of bacteriologically confirmed TB per 100,000 pop. 15+ by gender and age

Characteristic	Estimates	95% CI	RSE (%)
Gender			
Male	1,082.7	872.8-1,337.3	10.9
Female	460.6	353.6-290.8	13.2
Age			
15-24	360.8	254.3-494.7	17.0
25-34	753.4	561.8-995.0	14.6
35-44	713.8	527.4-941.0	14.8
45-54	835.5	608.9-1,108.3	15.3
55-64	1,029.5	734.1-1,398.5	16.5
65+	1,5817	1,122.7-2,153,7	16.6

## TUBERCULOSIS RESEARCH BY NIHRD

NIHRD OPAC

Keyword: Tuberculosis or Tuberkulosis

## Tuberculosis Research By NIHRD Period 2010 – 20014 (1)

- Tuberculosis Diabetes Mellitus Registry
- Risk Factor of Tuberculosis in East Nusa Tenggara and Bali
- Review the Tuberculosis Minimum Health Services Standard Associated to Indicators of MDGs)
- Factors influencing transmission level of TB Patient in Jayapura
- Pharmaco-vigilance of Anti Tuberculosis Drugs

## Tuberculosis Research By NIHRD Period 2010 – 20014 (2)

- Home visit efectivity, towards alteration of knowledge, attitude, and skill of TB patients in the region of Puskesmas Kecamatan Ps. Minggu, Jakarta
- Community knowledge, attitude, and behavior toward pulmonary TB disease in Kecamatan Sungai Tarub, West Sumatera
- Sosiocultural factors influencing pulmonary TB case findings coverage in Puskesmas Padang Kandis, west Sumatera

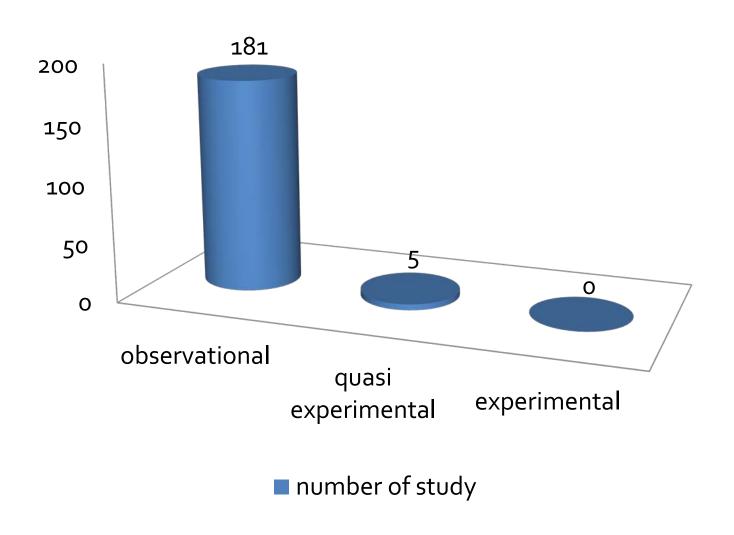
## Tuberculosis Research By NIHRD Period 2010 – 20014 (3)

- Study of TB prophylaxis provision in Primary Health Center in Jakarta and Bekasi
- Demography characteristic and its relation with the Tuberculosis diseases in Central Java Province (from National Health Survey 2007)

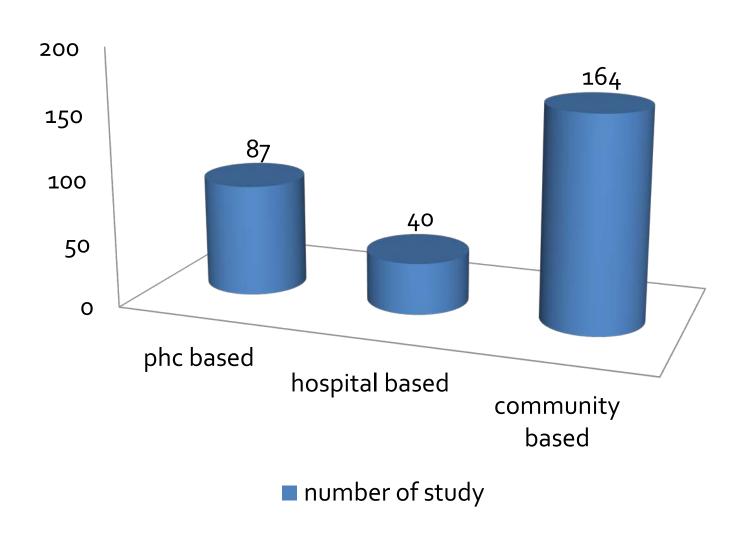
## TB Research by others

- There are 186 researches:
  - Universities
  - Hospitals
  - Research Center
  - Research Institution
  - NGO

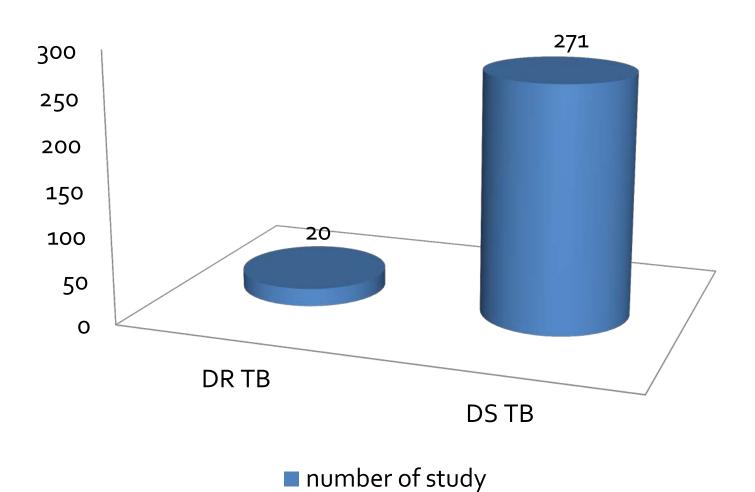
## Number of Research by Design



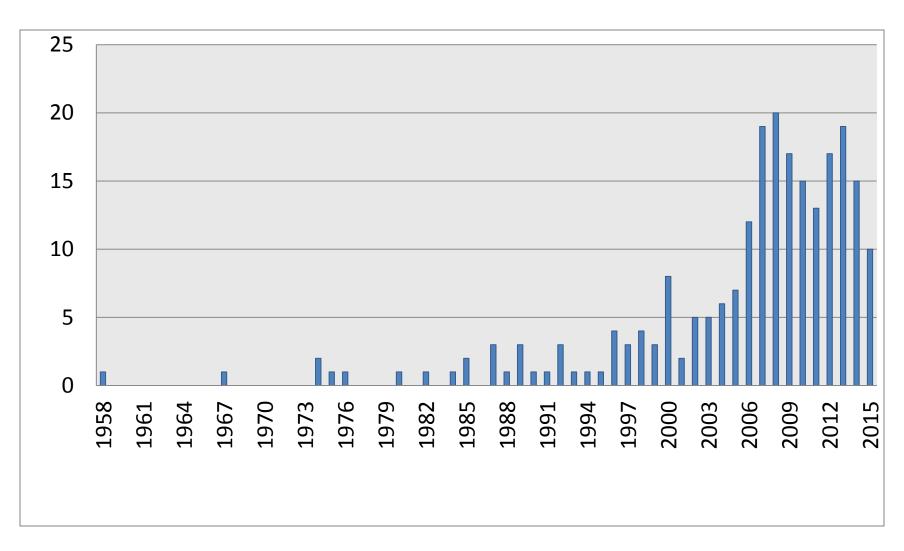
# Number of Research by Study Place



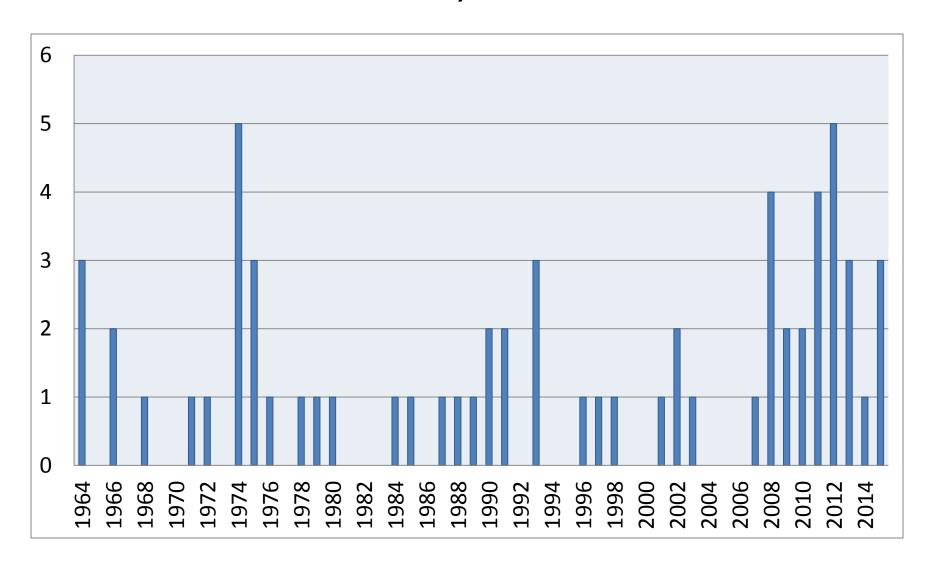
## Number of Study by Drug Resistant



## Tuberculosis Research from Pubmed Adult, N:230



## Child, N:64



## **CHALLENGES AND OPPORTUNITY**

## **Challenges**

- Indonesian research partnership: a proactive approach required at different levels to involve full spectrum of research expertise and private sector.
- Lack of funding and capacity as well as regulatory barriers
- Inadequate and outdated tools for rapid diagnosis
- Lack <u>high quality evidence</u> from RCT for optimizing treatment regimens, including the best combination of drugs and treatment duration;
- Communication and information delivery

- Lack of evidence for the best drug regimens for treating patients with DR TB
  - Very limited information about treatment of paediatric MDR-TB;
  - Identification of the most effective chemoprophylaxis for contacts of MDR-TB cases;
  - The therapy for symptomatic relief from adverse reactions linked to second-line anti-tuberculosis drug
  - Limited data on Extra Pulmonary TB
- OR:
  - insufficient involvement from key players:
  - no demand from medical colleges on OR, not aware of the needs of OR
  - insufficient capacity built (HR)

## **Opportunities**

- Large burden of disease making it a high public health priority
- About 75 Medical Colleges
- NIHRD/Litbangkes
  - Network of INA Respond
- Many research institutions

### Recommendations

- Development of an interagency Indonesia TB Research Forum (MoH, Litbangkes. LIPI, BPOM, BBLK, Universities, Private Sectors etc)
- Establish National TB Research Strategy covering the full spectrum of research (fundamental, translational, clinical, epidemiological and operational)
- Thinking Out loud:

#### INTENSIFIED RESEARCH AND INNOVATION

- Discovery, development and rapid uptake of new tools, interventions and strategies
- ■Research to optimize implementation and impact, and promote innovations



## Tweet from a friend



Mr. President:

@BarackObama

Mr. President wonders whether you have already established your TB research center accordingly

#obamacare #supportTripod #TBelimination